

GYM SCHEDULE Winter 2019

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday						
GYM E	GYM W	GYM E	GYM W	GYM E	GYM W	GYM E	GYM W	GYM E	GYM W	GYM E	GYM W	GE	GW					
8:00	Opens at 9am			ECE 8:30-1:00		ECE 8:30-1:00		ECE 8:30-1:00		ECE 8:30-1:00	ECE 8:30-1:00							
9:30	RBL 9:30-2:00pm		8:30-12:30 OPEN	ECE 8:30-1:00	9:10-10:10 St. Johns	ECE 8:30-1:00	9:10-10:10 St. Johns	9:10-10:10 St. Johns	ECE 8:30-1:00	8:30-1:00	8:30-11:30	Building opens 2:00 pm						
10:00																		
10:30			10:30-12:00 Pickleball				10:10-12:30 OPEN			10:10-12:30 OPEN			10:10-12:30 OPEN					
11:30																		
12:00																		
12:30																		
1:00	2:00 - 6:00 Maccabi programming		1:00-5:30 KDHS		1:00-5:30 KDHS		1:00-7:45pm KDHS		1:00-3:30 KDHS		1:00-2:15 KDHS							
1:30			Until 5:45pm on Gym W															
2:00											2:30 - 4pm KDHS/Afterschool		2-4:30 Rental	2-7pm OPEN				
2:30																		
3:00																		
3:30																		
4:00																		
4:30																		
5:00																		
5:30	6:30-9:00 Ball Hockey		5:30-6:30 Kids Karate	5:45-8:00 Brazilian	5:30-6:30 Frisbee	5:30-6:30 PTI	5:30-6:30 Kids Karate	5:30-6:30 Rental: PTI	5:30-6:30 Kids Karate	5:30-6:30 Rental: PTI	4pm-close OPEN	4:30-7 OPEN						
6:00			6:30-8:00 Karate	Soccer	6:45-8:30 Yossi Havusha				6:30-7:30 Youth Karate	6:30-7:45 Soccer	Shabbat close							
6:30																		
7:00																		
7:30																		
8:00																		
8:30																		
8:00-10:00																		
9:00																		
9:00	9:00 Closing		8:00-10:30 Catchball		8:30-10:30 rental		8:00-10:00 Rental		9:00-10:30 Rentals		Closing 7:00 pm							
9:30																		
10:00																		
10:15																		

- OPEN GYM RULES:**
1. Participants and staff shall treat each other with respect and dignity while sharing facilities during Open Gym times
 2. All Children under 10 years of age must be accompanied in person by someone 12 years of age or older
 3. Gym space will be shared as needed to accommodate all ages and user groups
 4. No full-court sports allowed during open gym.

**Access to the gym for general use is only guaranteed during Open Gym times indicated on the schedule.
 The JCC reserves the right to adjust this schedule when needed.
 Please go online or call the ProShop at 604-257-5126 for current Open Gym times**