

# GYM SCHEDULE Fall 2018

	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday					
	GYM E	GYM W	GYM E	GYM W	GYM E	GYM W	GYM E	GYM W	GYM E	GYM W	GYM E	GYM W	GE	GW				
8:00	Opens at 9am			ECE 8:30-1:00		ECE 8:30-1:00		ECE 8:30-1:00		ECE 8:30-1:00	ECE 8:30-11:30	ECE 8:30-1:00						
9:30	RBL 9:30-2:00pm		9:10-10:10 St. Johns	Until 5:45pm on Gym W	8:30-12:30 OPEN	8:30-12:30 OPEN	9:10-10:10 St. Johns	10:10-12:30 OPEN	9:10-10:10 St. Johns	8:30-1:00	9:10-10:10 St. Johns	8:30-1:00	Building opens 2:00 pm					
10:00																		
10:30																		
11:00																		
11:30																		
12:00	2:00 - 6:00 Maccabi programming																	
12:30																		
1:00																		
1:30																		
2:00																		
2:30																		
3:00																		
3:30																		
4:00																		
4:30																		
5:00	6:30-9:00 Ball Hockey		5:30-6:30 Kids Karate															
5:30			5:45-8:00 Brazilian Soccer															
6:00			6:30-8:00 Karate															
6:30																		
7:00																		
7:30	9:00 Closing																	
8:00																		
8:30																		
9:00																		
9:30																		
10:00																		
10:15																		

<b>OPEN GYM RULES:</b>	<ol style="list-style-type: none"> <li>1. Participants and staff shall treat each other with respect and dignity while sharing facilities during Open Gym times</li> <li>2. All Children under 10 years of age must be accompanied in person by someone 12 years of age or older</li> <li>3. Gym space will be shared as needed to accommodate all ages and user groups</li> <li>4. No full-court sports allowed during open gym.</li> </ol>
------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Access to the gym for general use is only guaranteed during Open Gym times indicated on the schedule.  
 The JCC reserves the right to adjust this schedule when needed.  
 Please go online or call the ProShop at 604-257-5126 for current Open Gym times