

GYM SCHEDULE: Summer

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		
GYM E	GYM W	GYM E	GYM W	GYM E	GYM W	GYM E	GYM W	GYM E	GYM W	GYM E	GYM W	GE	GW	
8:00	Opens at 9am													
9:30	9-12pm OPEN	8-1pm ECE	8-1pm ECE	8-1pm ECE	8-1pm ECE	8-1pm ECE	8-1pm ECE	8-1pm ECE	8-1pm ECE	8-1pm ECE	8-1pm ECE	Building opens 2:00 pm		
10:00														
10:30														
11:30	12-2pm B-day parties	8am-4pm CAMP	8am-4pm CAMP	8am-4pm CAMP	8am-4pm CAMP	8am-4pm CAMP	8am-4pm CAMP	8am-4pm CAMP	8am-4pm CAMP	8am-4pm CAMP	8am-4pm CAMP	2-4 pm OPEN	2-7pm	
12:00														
12:30	2:00 - 6:15 OPEN	*Brazilian Soccer July 16-20 4-6pm full gym	*Brazilian Soccer July 16-20 4-6pm full gym	*Brazilian Soccer July 16-20 4-6pm full gym	*Brazilian Soccer July 16-20 4-6pm full gym	*Brazilian Soccer July 16-20 4-6pm full gym	*Brazilian Soccer July 16-20 4-6pm full gym	*Brazilian Soccer July 16-20 4-6pm full gym	*Brazilian Soccer July 16-20 4-6pm full gym	*Brazilian Soccer July 16-20 4-6pm full gym	*Brazilian Soccer July 16-20 4-6pm full gym	4-6:15pm OPEN	4-6pm full gym	4-5 pm Rental
1:00														
1:30														
2:00	6:30-9:00 Ball Hockey	4-8pm OPEN	4-8pm OPEN	4-8pm OPEN	4-8pm OPEN	4-8pm OPEN	4-8pm OPEN	4-8pm OPEN	4-8pm OPEN	4-8pm OPEN	4-8pm OPEN	4-8pm OPEN	5-7pm OPEN	
2:30														
3:00														
3:30	9:00 Closing	8:00-10:30 Mamanet	8pm - 10pm Rental	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	Closing 7:00 pm	
4:00														
4:30														
4:30	9:00 Closing	8:00-10:30 Mamanet	8pm - 10pm Rental	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	Closing 7:00 pm	
5:00														
5:30														
6:00	9:00 Closing	8:00-10:30 Mamanet	8pm - 10pm Rental	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	Closing 7:00 pm	
6:30														
7:00														
7:30	9:00 Closing	8:00-10:30 Mamanet	8pm - 10pm Rental	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	Closing 7:00 pm	
8:00														
8:30														
8:30	9:00 Closing	8:00-10:30 Mamanet	8pm - 10pm Rental	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	Closing 7:00 pm	
9:00														
9:30														
9:30	9:00 Closing	8:00-10:30 Mamanet	8pm - 10pm Rental	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	8:15-10:15 Andrew J	Closing 7:00 pm	
10:00														
10:15														

- OPEN GYM RULES:**
1. Participants and staff shall treat each other with respect and dignity while sharing facilities during Open Gym times
 2. All Children under 10 years of age must be accompanied in person by someone 12 years of age or older
 3. Gym space will be shared as needed to accommodate all ages and user groups
 4. No full-court sports allowed during open gym.

Access to the gym for general use is only guaranteed during Open Gym times indicated on the schedule.
 The JCC reserves the right to adjust this schedule when needed.
 Please go online or call the ProShop at 604-257-5126 for current Open Gym times