

GYM SCHEDULE Spring 2018

	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		
	GYM E	GYM W	GYM E	GYM W	GYM E	GYM W	GYM E	GYM W	GYM E	GYM W	GYM E	GYM W	GE	GW	
8:00	Opens at 9am			ECE 8:30-1:00		ECE 8:30-1:00		ECE 8:30-1:00		ECE 8:30-1:00	ECE 8:30-11:30	ECE 8:30-1:00			
9:30	RBL 9:30-2:00pm		9:10-10:10 St. Johns	10:10-12:30 OPEN	8:30-12:30 OPEN	10:10-12:30 OPEN	9:10-10:10 St. Johns	8:30-1:00	9:10-10:10 St. Johns	8:30-1:00	8:30-11:30	8:30-1:00	Building opens 2:00 pm		
10:00															
10:30															
11:00															
11:30															
12:00											12:00-1:00 KDHS				
12:30			1:00-5:30 KDHS		1:00-3:30 KDHS		1:00-5:45 KDHS		1:00-3:30 KDHS		1:00-2:15 KDHS				
1:00			Until 5:45pm on Gym W		3:45 - 4:30 Sportball Hoc 4:30 - 5:30 After School Floor hockey		5:30-6:15 OPEN		5:30-6:30 Kids Karate Rental: PTI		4pm-close OPEN		2-4 pm OPEN		
1:30															
2:00															
2:30															
2:00 - 4:00 OPEN											2:30 - 4pm KDHS/Afterschool			2-7pm	
3:00															
3:30															
4:00	4:00 - 5:30 Maccabi Practice														
4:30													4-5 pm Rental	OPEN	
5:00															
5:30			5:30 -6:30 Kids Karate	5:45-8:00 Brazilian Soccer	5:30-6:15 Rental: PTI		5:30-6:15 OPEN		5:30-6:30 Kids Karate Rental: PTI		4pm - 6 pm Club J		5-7pm OPEN		
6:00															
6:30															
6:30-9:00 Ball Hockey					6:15-7:45 JCC Maccabi Gym		6:30-8:15 Rental		6:30-7:30 Youth Karate		6:30-7:45 Soccer		Shabbat close		
7:00									7:30-9:00 Adult Karate						
7:30															
8:00					7:45-10:15 Rental		8:15-10:15 Open Gym		7:45-9:00 OPEN						
8:30			8:00-10:30 Mamanet												
9:00															
9:00 Closing									9:00 - 10:30 Rentals				Closing 7:00 pm		
9:30															
10:00															
10:15															

- OPEN GYM RULES:**
1. Participants and staff shall treat each other with respect and dignity while sharing facilities during Open Gym times
 2. All Children under 10 years of age must be accompanied in person by someone 12 years of age or older
 3. Gym space will be shared as needed to accommodate all ages and user groups
 4. No full-court sports allowed during open gym.

Access to the gym for general use is only guaranteed during Open Gym times indicated on the schedule.
 The JCC reserves the right to adjust this schedule.
 Please call the ProShop at 604-257-5126 for current Open Gym times