



Pool Schedule

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday
Belzberg	Fouks	Belzberg	Fouks	Belzberg	Fouks	Belzberg	Fouks	Belzberg	Fouks	Belzberg	Fouks	Open Swim 2:15-6:30
9:00-10:00 L.S. (2)	9:00-10:00 Open Swim	6:30-9:00 L.S. (4)	6:30-2:00pm Programs & Open Swim	6:30-9:00 L.S. (4)	6:30-9:55 Open Swim	6:30-9:00 L.S. (4)	6:30-10:30 Programs & Open Swim	6:30-9:00 L.S. (4)	6:30-9:55 Open Swim	6:30-9:00 L.S. (4)	6:30-2:00pm Programs & Open Swim	
10:00-1:00 Programs Only L.S. (2)	10:00-1:00 Programs Only	9:00-10:00 Shallow End Aquafit L.S. (1)		9:00-9:45 Deep Water Aquafit L.S. (1)	9:55-10:40 Water Works	9:00-10:00 Shallow End Aquafit L.S. (1)	10:30-11:30 Adapted Aquatics	9:00-9:45 Deep Water Aquafit L.S. (1)	9:55 – 10:40 Water Works	9:00-10:00 Shallow End Aquafit L.S. (1)		
1:00-2:00 L.S. (2)		10:00-2:00pm Open Swim L.S. (2)		10:00-2:00pm Open Swim L.S. (2)	10:45-11:30 Water Works	10:00-2:00pm Open Swim L.S. (2)		11:30-2:00 Programs & Open Swim	10:00-2:00pm Open Swim L.S. (2)	10:45-11:30 Water Works		
2:00-7:30 Open Swim L.S. (2)	2:00-7:30 Open Swim	2:00-6:00 Closed: Lessons & Rentals Only		2:00-6:00 Closed: Lessons & Rentals Only		2:00-6:00 Closed: Lessons & Rentals Only		2:00-6:00 Closed: Lessons & Rentals Only		<p>Children under the age of 7 Must be accompanied by an adult WITHIN ARMS REACH at all times on the pool deck and in the water. Get Updates by Following Us on:</p>  		
7:30-8:30 Men's Only	7:30-8:30 Men's Only	6:00-9:00 Programs & Open Swim	6:00-9:00 Open Swim	6:00-9:00 Programs & Open Swim L.S. (2)	6:00-9:00 Open Swim	6:00-8:00 Open Swim	6:00-8:00 Open Swim	6:00-9:00 Programs & Open Swim L.S. (2)	6:00-9:00 Open Swim			
			Water Works 7:00-7:45	Aquafit 6-7pm		8:00 - 9:00 Ladies only	8:00 - 9:00 Ladies only		Water Works 7:00-7:45			

L.S. (# of available lap swim lanes)	Lane Swim Only (Circuit Swimming Required At All Times)
Open Swim	Open Swim for all ages, note swim lessons, and lifesaving programs may be scheduled during any open swim times and be allotted space
Swim Lessons / Lifesaving Programs / Private Lessons	JCCGV Programs may be sharing Open Swim space or allotted specific pool space if needed, this may restrict Open Swim Space
Aquafit, Water Works, AquaRehab, Swim Pods	See brochure for descriptions and drop in rates, specific pool space is closed for these programs as indicated

